



Physical Education

Sample Question Paper

2023-2024

Subject Code: - 048

GENERAL INSTRUCTIONS:

1. The question paper consists of 5 sections and 37 Questions.
2. Section A consists of question 1-18 carrying 1 mark each and is multiple choice questions. All questions are compulsory.
3. Sections B consist of questions 19-24 carrying 2 marks each and are very short answer types and should not exceed 60-90 words. Attempt any 5.
4. Sections C consist of Question 25-30 carrying 3 marks each and are short answer types and should not exceed 100-150 words. Attempt any 5.
5. Sections D consist of Question 31-33 carrying 4 marks each and are case studies. There is internal choice available.
6. Section E consists of Question 34-37 carrying 5 marks each and are short answer types and should not exceed 200-300 words. Attempt any 3.

(SECTION - A)

Q1. Identify the Asana:



- a) Pawanmuktasana
- b) Sukhasana
- c) Chakrasan
- d) Gomukhasana

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Michigan Schoolmasters' Club

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Resources in Education ,1982 Proceedings ... Michigan Schoolmasters' Club,1929 Journal Michigan Schoolmasters' Club,1929 *Journal of the Michigan Schoolmasters' Club* Michigan Schoolmasters' Club,1929
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In a digitally-driven earth where monitors reign supreme and instant connection drowns out the subtleties of language, the profound strategies and psychological subtleties hidden within words often go unheard. Yet, set within the pages of **Sample Question Paper Physical Education 215** a fascinating fictional value sporting with organic thoughts, lies an extraordinary quest waiting to be undertaken. Penned by a talented wordsmith, this marvelous opus attracts viewers on an introspective trip, gently unraveling the veiled truths and profound influence resonating within the fabric of every word. Within the psychological depths of the moving review, we can embark upon a heartfelt exploration of the book's primary styles, dissect its fascinating publishing type, and yield to the powerful resonance it evokes strong within the recesses of readers' hearts.

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