



Physical Education Sample Question Paper 2023-2024 Subject Code: - 048



GENERAL INSTRUCTIONS:

1. The question paper consists of 5 sections and 37 Questions.
2. Section A consists of question 1-18 carrying 1 mark each and is multiple choice questions. All questions are compulsory.
3. Sections B consist of questions 19-24 carrying 2 marks each and are very short answer types and should not exceed 60-90 words. Attempt any 5.
4. Sections C consist of Question 25-30 carrying 3 marks each and are short answer types and should not exceed 100-150 words. Attempt any 5.
5. Sections D consist of Question 31-33 carrying 4 marks each and are case studies. There is internal choice available.
6. Section E consists of Question 34-37 carrying 5 marks each and are short answer types and should not exceed 200-300 words. Attempt any 3.

(SECTION - A)

Q1. Identify the Asana:



- a) Pawanmuktasana
- b) Sukhasana
- c) Chakrasan
- d) Gomukhasana

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Michigan Schoolmasters' Club



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Proceedings 18 -1906 Michigan Schoolmasters' Club,1930 **Mind and Body** ,1923 **Journal of the Michigan Schoolmasters' Club** Michigan Schoolmasters' Club,1927 American Physical Education Review ,1925 Includes abstracts of magazine articles and Book reviews *The Journal of Physical Education* ,1962 CAHPERD Journal Times California Association for Health, Physical Education, Recreation and Dance,1995 *Resources in Education* ,1997 **Current Index to Journals in Education** ,1990 **The Personnel and Guidance Journal** ,1941 **Exceptional Child Education Resources** ,1982 The Journal of Education ,1901 **Normal Instructor** ,1929 *El-Hi textbooks in print* R. R. Bowker LLC,1983 *Journal of the Royal Society of Arts* Royal Society for the Encouragement of Arts, Manufactures and Commerce,1871 The American Engineer ,1884 **African Review** ,1903

Whispering the Techniques of Language: An Emotional Quest through **Sample Question Paper Physical Education 215**

In a digitally-driven earth where monitors reign supreme and instant connection drowns out the subtleties of language, the profound strategies and psychological subtleties hidden within words often go unheard. Yet, set within the pages of **Sample Question Paper Physical Education 215** a fascinating fictional value sporting with organic thoughts, lies an extraordinary quest waiting to be undertaken. Penned by a talented wordsmith, this marvelous opus attracts viewers on an introspective trip, gently unraveling the veiled truths and profound influence resonating within ab muscles fabric of every word. Within the psychological depths of the moving review, we can embark upon a heartfelt exploration of the book is primary styles, dissect its fascinating publishing type, and yield to the powerful resonance it evokes strong within the recesses of readers hearts.

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