

## 5 Major Perspectives in Psychology

Psychology is the scientific study of how we think, feel, and behave. In this module, you'll get an introduction to the four major perspectives that have shaped modern psychological research.

Why do you act the way you do? These questions interested early psychologists and they still are today. Scientists gather to learn how we as people think? Can they give themselves certain choices how we behave? These three subquestions point out how to conduct science that shows all the various elements that the scientific study of psychology very clearly leads to as well as a historical perspective.

Since William James argued in the early psychology period (1870), psychologists have looked various aspects of human behaviour such as personality, social development, social cultural influences, the psychology perspective, changes in health and development, and the effects of the brain (different areas, including learning, perception, consciousness, individual, emotional, and social behaviour). These look at each of these that they represent that guide modern psychological research.

### **Biological Perspective: Key points**

Psychologists look at how our nervous system, hormones, and genetic make-up affect your behaviour. Biological psychologists might also investigate how your physical health and your social, culture and environment as they have your thoughts, feelings, and actions that happen.

So what does that mean? It means that for the biological approach, you are the sum of your parts. Your brain and your physical health are the way you think, feel, and behave. It's not just a matter of all of your thoughts and feelings are physical things. The biological approach understands the body, brain, and other systems, and how they interact with each other and the environment. It's a very different way of thinking about the mind.

### **Psychodynamic Perspective: Key points**

The psychodynamic approach was pioneered by Sigmund Freud who believed that many of our behaviours are driven by our mind. Psychodynamic people believe that unconscious drives, feelings, and thoughts affect our behaviour and that our mind is not just a collection of conscious thoughts and feelings. It's a very different way of thinking about the mind.

There are a lot of ideas about Freud's theory, especially about his theories. But what you can think that something about who you are today comes from your past experiences as a child? Say you have your own feelings about your childhood experiences that are being affected by your experiences as a child, as a teen, or as an adult. That's what you can think about. And that's what the psychodynamic theory is all about.

### **Behavioural Perspective**

Behavioural psychologists believe that external environmental stimuli influence your behaviour and that you can be trained to learn a new behaviour. That's all.

# Psychology 8 Major Perspectives Assignment Answers

**Karen R. Huffman, Catherine A.  
Sanderson**



## **Psychology 8 Major Perspectives Assignment Answers:**

**Real World Psychology** Karen R. Huffman, Catherine A. Sanderson, 2013-12-12 This text is an unbound binder ready version With a combined total of 49 years teaching introductory psychology authors Karen Huffman and Catherine A Sanderson provide the latest up to date coverage and real world applications to core concepts in the teaching of psychology Designed for introductory psychology courses Real World Psychology is above all a brief book that works within the time constraints of today's instructors and students This first edition text allows readers to grasp the big picture in psychology without an abundance of supplementary details Huffman and Sanderson tie each key concept to real world in text examples that offer an incomparable window into not only ourselves but also into the world and the people who sustain us

**Visualizing Psychology** Siri Carpenter, Karen Huffman, 2009-10-12 The second edition enables psychologists to gain a better understanding of what is unique and intriguing about this area of study It follows a groundbreaking visual approach that helps them quickly and easily learn the subject With numerous illustrations and graphics the book brings complex concepts to life The links between theory and application are also clearly presented Psychologists will benefit from this visually oriented look into the field because it is more engaging than other resources **Real World Psychology** Catherine A. Sanderson, Karen R. Huffman, 2019-12-24 Real World Psychology balances comprehensive coverage of the key concepts in introductory psychology with a concise presentation style and engages students with current and interesting research that explores these concepts in real life contexts Real World Psychology features the incomparable author team of Karen Huffman Palomar College and Catherine Sanderson Amherst College who create an outstanding text that is appealing to students and instructors at a wide range of academic institutions The new edition has been thoroughly updated and features a new focus on Scientific Thinking and Practical Applications underscoring the fact that connecting the principles of psychological science to everyday life is critical to student engagement and ultimately key to their success not only in the introductory psychology course but in whatever their chosen field of study and in everyday life Students will leave the course with an appreciation of how a basic yet scientific understanding of human behavior can benefit them in their studies in their personal lives and in their professional endeavors **CliffsAP Psychology** Lori A. Harris, 2007-05-21 Your complete guide to a higher score on the AP Psychology exam Why CliffsTestPrep Guides Go with the name you know and trust Get the information you need fast Written by test prep specialists About the contents Part I Introduction About the exam content and format Tips on answering multiple choice questions Tips on answering free response questions Scoring Part II Subject Review History and approaches Research methods Biological bases of behavior Sensation and perception States of consciousness Learning Cognition Motivation and emotion Developmental psychology Personality Testing and individual differences Abnormal psychology Treatment of psychological disorders Social psychology Part III AP Psychology Practice Tests 4 full length practice tests with answers and explanations Time guidelines so you'll learn to pace yourself AP is a registered trademark of

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The Science of Psychology An Appreciative View

### **Current Perspectives in Industrial/organizational Psychology**

Geula Lowenberg, Kelley A. Conrad, 1998 This work includes such topics as human resources management strategic planning in job analysis compensation and organizational communication It also includes a chapter on international issues in industrial organizational psychology including global management issues *Summary of Investigations Relating to Reading*

International Reading Association, 1981 *Educational Research* R. Burke Johnson, Larry B. Christensen, 2024-08-12

*Educational Research* Quantitative Qualitative and Mixed Approaches by R Burke Johnson and Larry Christensen offers a comprehensive accessible introduction to research methods for undergraduate and graduate students Readers will develop an understanding of the multiple research methods and strategies used in education and related fields including how to read and critically evaluate published research and how to write a proposal construct a questionnaire and conduct an empirical research study on their own The Eighth Edition maintains the features that made this book a best seller including attention grabbing chapter opening vignettes lively examples that engage student interest a conversational and friendly writing style and more Fully updated for the Seventh Edition of the Publication Manual of the American Psychological Association this new edition includes expanded information on research ethics and IRBs expanded and more current information on sampling and causation across research designs and the latest thinking on mixed methods research Designed to make learning about research methods enjoyable without sacrificing the necessary rigor this highly readable text transforms readers into critical consumers and users of research **The Emergence and Development of Scientific Thinking during the Early Years: Basic Processes and Supportive Contexts** Ageliki Nicolopoulou, Amanda C. Brandone, Stella Vosniadou, Christopher Osterhaus, 2021-03-29

**Understanding Psychology** Robert S. Feldman, 1999 Students First Understanding Psychology is written around the philosophy that an effective textbook must be oriented to students informing them engaging them exciting them about the field and expanding their intellectual capabilities because when students understand psychology they learn psychology No matter what brings students into the introductory course and regardless of their initial motivation

Understanding Psychology Eighth Edition draws students into the field and stimulate their thinking This revision integrates a variety of elements that foster students understanding of psychology and its impact on their everyday lives It also provides instructors with a fully integrated supplements package to objectively gauge their students mastery of psychology s key principles and concepts and to create dynamic lectures *The School Executive* , 1927 **American Educational Digest**

, 1927 **Minnesota Journal of Education** , 1928 *Normal Instructor and Teachers World* , 1928

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